

Boulder Country Club RELAY MEET
Tuesday, July 16th, 2019
Hosted by Boulder Country Club

What: The BCC relay meet is all about having fun competition and participating in an exciting meet that's different from the rest. The relay meet will include 6 different relays. A medley relay, all butterfly relay, all backstroke, all breaststroke, all free relay and a crescendo relay.

When: Tuesday, July 16th. Warm up will begin at 2:00 p.m. and the meet will begin at 3:00 p.m.

Where: The Boulder Country Club, 7350 Clubhouse Rd (80301)

Ages: Swimmers will compete in three different age groups, 8 & under, 9-12 and 13 & over.

Events: The 8 & under and 9-12 age group will have the chance to participate in a 100 medley relay and 4 full stroke relays- butterfly, backstroke, breaststroke and freestyle. The 13 & Older age group will have the same relays in the form of 200's. The final relay will be a female and male crescendo relay option. There will be a 100 medley and 100 free age group-crescendo relay. The crescendo relay requires one swimmer from each age group to swim a 25 of choice. One swimmer from 8 & under, a 9-10 swimmer, 11-12, and finally a 13 & older swimmer to finish things out. Organization of relays is by choice of the coaches. Swimmers are able to swim in one or all relays.

*Backstroke relays: swimmers will dive into the water and need to be fully on their back prior to the 15 meter mark

Awards: The relay meet will be scored as if it were regular events. First through eighth in each event will receive points. The three (3) teams with the highest overall score at the conclusion of the meet will receive a trophy.

Entries: Entries must be turned in by Monday, July 8, 2019 to participate in the meet. A hy-tek meet file will be sent out to the BVSSL head coaches at

the end of June. All entries should be submitted via email to headswimcoach@bouldercc.org in Team Manager format. Please use the template provided.

***PLEASE NOTE: Teams will be allowed to enter only two (2) relays per event, a male relay and female relay per age group. This is so we can utilize all 6 lanes and save time. Thank you for cooperation with this.

Eligibility: Only current BVSSL swimmers are invited to participate.

Cost: Entry fees will be \$20 per swimmer and will include a custom 2019 relay meet swim cap.

*Please collect money from your swimmers and provide a single check for you team made out to the Boulder Country Club Swim Team. You can bring your check to the meet or mail it to Lyndsie Gibson, 7350 Clubhouse rd, Boulder, CO, 80301

Timers: We will be asking that each team provide two (2) timers to time their respective team lane.

Set up: Gates will be open for teams to set up at 1:30 p.m. prior to the meet. Please do not arrive earlier as the pool will be closed and available only to BCC members. There will be very limited parking so carpooling is highly suggested. Street parking will be available right outside the entry to the club on Clubhouse rd.

Food & Beverage: We will have food and beverage options set up at the outdoor pool. Alcoholic beverage options provided for adults.

Contact Info:

BCC Head Coach, Lyndsie Gibson – headswimcoach@bouldercc.org

BCC Aquatics Director & Assistant Swim Coach, Kyle Bachrodt –

kbachrodt@bouldercc.org

ORDER OF EVENTS

<i>Event 1</i>	<i>8 & Under Girls</i>	<i>100 Medley Relay</i>
<i>Event 2</i>	<i>8 & Under Boys</i>	<i>100 Medley Relay</i>
<i>Event 3</i>	<i>9 – 12 Girls</i>	<i>100 Medley Relay</i>
<i>Event 4</i>	<i>9 – 12 Boys</i>	<i>100 Medley Relay</i>
<i>Event 5</i>	<i>13 – 18 Girls</i>	<i>200 Medley Relay</i>
<i>Event 6</i>	<i>13 – 18 Boys</i>	<i>200 Medley Relay</i>
<i>Event 7</i>	<i>8 & Under Girls</i>	<i>100 Butterfly relay</i>
<i>Event 8</i>	<i>8 & Under Boys</i>	<i>100 Butterfly relay</i>
<i>Event 9</i>	<i>9-12 Girls</i>	<i>100 Butterfly relay</i>
<i>Event 10</i>	<i>9-12 Boys</i>	<i>100 Butterfly relay</i>
<i>Event 11</i>	<i>13 – 18 Girls</i>	<i>200 Butterfly relay</i>
<i>Event 12</i>	<i>13 – 18 Boys</i>	<i>200 Butterfly relay</i>
<i>Event 13</i>	<i>8 & Under Girls</i>	<i>100 Backstroke Relay</i>
<i>Event 14</i>	<i>8 & Under Boys</i>	<i>100 Backstroke Relay</i>
<i>Event 15</i>	<i>9-12 Girls</i>	<i>100 Backstroke Relay</i>
<i>Event 16</i>	<i>9-12 Boys</i>	<i>100 Backstroke Relay</i>
<i>Event 17</i>	<i>13 – 18 Girls</i>	<i>200 Backstroke Relay</i>
<i>Event 18</i>	<i>13 – 18 Boys</i>	<i>200 Backstroke Relay</i>
<i>Event 19</i>	<i>8 & Under Girls</i>	<i>100 Breaststroke Relay</i>
<i>Event 20</i>	<i>8 & Under Boys</i>	<i>100 Breaststroke Relay</i>
<i>Event 21</i>	<i>9-12 Girls</i>	<i>100 Breaststroke Relay</i>
<i>Event 22</i>	<i>9-12 Boys</i>	<i>100 Breaststroke Relay</i>
<i>Event 23</i>	<i>13 – 18 Girls</i>	<i>200 Breaststroke Relay</i>
<i>Event 24</i>	<i>13 – 18 Boys</i>	<i>200 Breaststroke Relay</i>
<i>Event 25</i>	<i>8 & Under Girls</i>	<i>100 Freestyle Relay</i>
<i>Event 26</i>	<i>8 & Under Boys</i>	<i>100 Freestyle Relay</i>
<i>Event 27</i>	<i>9-12 Girls</i>	<i>100 Freestyle Relay</i>
<i>Event 28</i>	<i>9-12 Boys</i>	<i>100 Freestyle Relay</i>
<i>Event 29</i>	<i>13 – 18 Girls</i>	<i>200 Freestyle Relay</i>
<i>Event 30</i>	<i>13 – 18 Boys</i>	<i>200 Freestyle Relay</i>
<i>Event 31</i>	<i>Crescendo Girls</i>	<i>100 Medley Relay</i>
<i>Event 32</i>	<i>Crescendo Boys</i>	<i>100 Medley Relay</i>
<i>Event 33</i>	<i>Crescendo Girls</i>	<i>100 Free Relay</i>
<i>Event 34</i>	<i>Crescendo Boys</i>	<i>100 Free Relay</i>