

**2022 BVSSL Warm-up Assignments  
12 and Unders Prelims (WED, 7/26)**

2 minutes during pool switch  
1 minute between sessions

	Main Pool					
	First Warmup (6:00 - 6:36)		Second Warmup (6:38 - 7:14)		Third Warmup (7:16 - 7:52)	
	6:00-6:18	6:18-6:36	6:38-6:56	6:56-7:14	7:16-7:34	7:34-7:52
Lane 1	Elks	Fox Hill	Louisville	Mesa	Rock Creek	Meadows
Lane 2	Elks	Fox Hill	Louisville	Mesa	Rock Creek	Meadows
Lane 3	Elks	Fox Hill	Louisville	Mesa	Rock Creek	Meadows
Lane 4	Elks	Fox Hill	Louisville	Mesa	Rock Creek	Meadows
Lane 5	Elks	Lafayette	Louisville	Mesa	Rock Creek	Meadows
Lane 6	Elks	Lafayette	Louisville	Broomfield	Rock Creek	Meadows
Lane 7	Elks	Lafayette	Louisville	Broomfield	Rock Creek	BCC
Lane 8	Meadowglen	Lafayette	Ranch	Broomfield	Rock Creek	BCC
Lane 9	Meadowglen	Lafayette	Ranch	Broomfield	Westminster	BCC
Lane 10	Meadowglen	Lafayette	Ranch	Broomfield	Westminster	BCC

	Shallow Pool (South End)					
	First Warmup (6:00 - 6:36)		Second Warmup (6:38 - 7:14)		Third Warmup (7:16 - 7:52)	
	6:00-6:18	6:18-6:36	6:38-6:56	6:56-7:14	7:16-7:34	7:34-7:52
Lane 1	Lafayette	Meadowglen	Mesa	Ranch	BCC	Rock Creek
Lane 2	Lafayette	Meadowglen	Mesa	Ranch	BCC	Rock Creek
Lane 3	Lafayette	Meadowglen	Mesa	Ranch	BCC	Rock Creek
Lane 4	Lafayette	Meadowglen	Mesa	Louisville	BCC	Rock Creek
Lane 5	Lafayette	Elks	Mesa	Louisville	BCC	Rock Creek
Lane 6	Lafayette	Elks	OPEN	Louisville	OPEN	Rock Creek

	Diving Well (North End)					
	First Warmup (6:00 - 6:36)		Second Warmup (6:38 - 7:14)		Third Warmup (7:16 - 7:52)	
	6:00-6:18	6:18-6:36	6:38-6:56	6:56-7:14	7:16-7:34	7:34-7:52
Lane 1	Fox Hill	Elks	Broomfield	Louisville	Meadows	Rock Creek
Lane 2	Fox Hill	Elks	Broomfield	Louisville	Meadows	Rock Creek
Lane 3	Fox Hill	Elks	Broomfield	Louisville	Meadows	Rock Creek
Lane 4	Fox Hill	Elks	Broomfield	Louisville	Meadows	Westminster
Lane 5	OPEN	Elks	Broomfield	OPEN	Meadows	Westminster

Warm-ups will begin at 8:00  
National Anthem 9:55 AM; Meet Start 10:00 AM

**2022 Warmup Assignments**  
**13-18 Prelims (THURS, July 27, 2nd Session)**

2 minutes during pool switch  
1 minute between sessions

	Main Pool					
	First Warmup (8:00 - 8:36)		Second Warmup (8:38 - 9:14)		Third Warmup (9:16 - 9:52)	
	8:00-8:18	8:18-8:36	8:38-8:56	8:56-9:14	9:16-9:34	9:34-9:52
Lane 1	Louisville	Broomfield	Rock Creek	Mesa	Meadows	Elks
Lane 2	Louisville	Broomfield	Rock Creek	Mesa	Meadows	Elks
Lane 3	Louisville	Broomfield	Rock Creek	Mesa	Meadows	Elks
Lane 4	Louisville	Broomfield	Rock Creek	Mesa	Meadows	Elks
Lane 5	Louisville	Broomfield	Rock Creek	Mesa	Meadows	Elks
Lane 6	Louisville	Fox Hill	Rock Creek	Lafayette	Meadows	Meadowglen
Lane 7	Louisville	Fox Hill	Rock Creek	Lafayette	Meadows	Meadowglen
Lane 8	Louisville	Fox Hill	Rock Creek	Lafayette	Meadows	Meadowglen
Lane 9	Ranch	Fox Hill	BCC	Lafayette	Meadows	Meadowglen
Lane 10	Ranch	Fox Hill	BCC	Lafayette	Westminster	Meadowglen

	Shallow Pool (South End)					
	First Warmup (8:00 - 8:36)		Second Warmup (8:38 - 9:14)		Third Warmup (9:16 - 9:52)	
	8:00-8:18	8:18-8:36	8:38-8:56	8:56-9:14	9:16-9:34	9:34-9:52
Lane 1	Broomfield	Louisville	Lafayette	Rock Creek	Meadowglen	Meadows
Lane 2	Broomfield	Louisville	Lafayette	Rock Creek	Meadowglen	Meadows
Lane 3	Broomfield	Louisville	Lafayette	Rock Creek	Meadowglen	Meadows
Lane 4	Broomfield	Louisville	Lafayette	Rock Creek	Meadowglen	Meadows
Lane 5	Broomfield	Louisville	Lafayette	Rock Creek	Meadowglen	Meadows
Lane 6	OPEN	Louisville	OPEN	Rock Creek	OPEN	Meadows

	Diving Well (North End)					
	First Warmup (8:00 - 8:36)		Second Warmup (8:38 - 9:14)		Third Warmup (9:16 - 9:52)	
	8:00-8:18	8:18-8:36	8:38-8:56	8:56-9:14	9:16-9:34	9:34-9:52
Lane 1	Fox Hill	Louisville	Mesa	Rock Creek	Elks	Meadows
Lane 2	Fox Hill	Louisville	Mesa	Rock Creek	Elks	Meadows
Lane 3	Fox Hill	Ranch	Mesa	Rock Creek	Elks	Meadows
Lane 4	Fox Hill	Ranch	Mesa	BCC	Elks	Meadows
Lane 5	Fox Hill	OPEN	Mesa	BCC	Elks	Westminster

Saturday July 30  
BVSSL 2022 Finals  
Warm-up schedule

	Main Competition Pool					
	First Warmup (6:00 - 6:36)		Second Warmup (6:38 - 7:14)		Third Warmup (7:16 - 7:52)	
	6:00-6:18	6:18-6:36	6:38-6:56	6:56-7:14	7:16-7:34	7:34-7:52
Lane 1	Rock Creek	Fox Hill	Louisville	Meadowglen	Meadows	Elks
Lane 2	Rock Creek	Fox Hill	Louisville	Meadowglen	Meadows	Elks
Lane 3	Rock Creek	Fox Hill	Louisville	Meadowglen	Meadows	Elks
Lane 4	Rock Creek	Fox Hill	Louisville	Meadowglen	Meadows	Elks
Lane 5	Rock Creek	Fox Hill	Louisville	Meadowglen	Meadows	Elks
Lane 6	Rock Creek	Mesa	Louisville	Lafayette	Meadows	Elks
Lane 7	Rock Creek	Mesa	Louisville	Lafayette	Meadows	Elks
Lane 8	Rock Creek	Mesa	Louisville	Lafayette	BCC	Broomfield
Lane 9	Rock Creek	Mesa	Ranch	Lafayette	BCC	Broomfield
Lane 10	Westminster	Mesa	Ranch	Lafayette	BCC	Broomfield

	Shallow Pool (South End)					
	First Warmup (6:00 - 6:36)		Second Warmup (6:38 - 7:14)		Third Warmup (7:16 - 7:52)	
	6:00-6:18	6:18-6:36	6:38-6:56	6:56-7:14	7:16-7:34	7:34-7:52
Lane 1	Fox Hill	Rock Creek	Meadowglen	Louisville	Broomfield	BCC
Lane 2	Fox Hill	Rock Creek	Meadowglen	Louisville	Broomfield	BCC
Lane 3	Fox Hill	Rock Creek	Meadowglen	Louisville	Broomfield	BCC
Lane 4	Fox Hill	Rock Creek	Meadowglen	Louisville	Broomfield	BCC
Lane 5	Fox Hill	Rock Creek	Meadowglen	Louisville	Elks	Meadows
Lane 6	OPEN	Rock Creek	OPEN	Louisville	Elks	Meadows

	Diving Well (North End)					
	First Warmup (6:00 - 6:36)		Second Warmup (6:38 - 7:14)		Third Warmup (7:16 - 7:52)	
	6:00-6:18	6:18-6:36	6:38-6:56	6:56-7:14	7:16-7:34	7:34-7:52
Lane 1	Mesa	Rock Creek	Lafayette	Louisville	Elks	Meadows
Lane 2	Mesa	Rock Creek	Lafayette	Louisville	Elks	Meadows
Lane 3	Mesa	Rock Creek	Lafayette	Louisville	Elks	Meadows
Lane 4	Mesa	Rock Creek	Lafayette	Ranch	Elks	Meadows
Lane 5	Mesa	Westminster	Lafayette	Ranch	Elks	Meadows