

## The Hot Shot Swim Meet

**Tuesday, June 25, 2024 – Rock Creek North Pool Hosted by Rock Creek Flyers and Louisville Dolphins**

**The Hot Shot Meet:** Time to swim FAST! All swimmers will compete in a sprint race in all four strokes.

**Time and Location:** The meet will start at 8:00 am on Tuesday, June 25, 2024. The meet will take place at the Rock Creek North Pool on the corner of Rock Creek Parkway and Indiana St. in Superior.

**Awards:** The top 8 swimmers in each event will earn ribbons; the top 8 fastest combined times will receive trophies (1-4) and medals (5-8).

**Events:** All swimmers 12 and under will swim 25 m of Fly, Back, Breast, and Free. All swimmers 13 and up will swim 50 m of Fly, Back, Breast, and Free.

**Volunteers:** Every team will be responsible for providing timers and watches. After receiving the entries from each team, a coach will be contacted and told how many timers they will need to provide. You will need to provide the timers for the duration of the meet. If your timers would like to trade off during the day they need to make their own arrangements for this.

**Entries:** Entries received by Tuesday, June 18th. **Late entries will not be accepted.** **Cost: \$30 / swimmer**

**\*\*No exhibition swimmers please\*\***

**Send entries to: [scoring@louisvilledolphins.org](mailto:scoring@louisvilledolphins.org)**

# The Long Shot Swim Meet

**Tuesday, June 25th, 2024 --Rock Creek North Pool Hosted by Rock Creek Flyers and Louisville Dolphins**

The Long Shot Meet: Come experience some longer events. This meet contains several of the high school races, as well as longer events of your favorite strokes!

**Time and Location:** The meet will start as close to 11:00 am as possible on Tuesday, June 25, 2024. The meet will take place at the Rock Creek North Pool on the corner of Rock Creek Parkway and Indiana St. in Superior.

**Awards:** The top 8 “high-point” swimmers in each age group will receive awards.

## Events:

<b>8 and Under</b>	200 Free	100 IM	50 Fly	50 Back	50 Breast	400 Free
<b>9/10 and 11/12</b>	200 Free	200 IM	100 Fly	100 Back	100 Breast	400 Free
<b>13 and Up</b>	200 Free	200 IM	200 Fly	200 Back	200 Breast	400 Free

Swimmers may enter up to 3 individual events. All 12 and under swimmers will swim together and all 13 and up swimmers will swim together. This is so that we can utilize all 8 lanes and save time. Swimmers will compete for awards against their own age group. Please note event order when entering swimmers in events. For events longer than 200 meters, we ask that swimmers entered in this event arrange for a lap counter. Thank you for your cooperation.

**Volunteers:** Every team will be responsible for providing timers and watches. After receiving the entries from each team a coach will be contacted and told how many timers they will need to provide. You will need to provide the timers for the duration of the meet. If your timers would like to trade off during the day they need to make their own arrangements for this.

**Entries:** Entries received by Tuesday, June 18th. **Late entries will not be accepted.** Cost: \$30 / swimmer

**\*\*No exhibition swimmers please\*\***

**Send entries to:** [scoring@louisvilledolphins.org](mailto:scoring@louisvilledolphins.org)